

APPETIZERS

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| A 1. | Vegetarian Spring Rolls 春卷 | 4.95 |
| | Fried vegetable spring rolls with sweet chili sauce | |
| A 2. | Vegetarian Dumplings 水餃/鍋貼 | 7.95 |
| | Asian housemade mixed vegetable dumplings, steamed or seared | |
| A 3. | Scallion Pancake 蔥油餅 | 7.95 |
| | with dipping sauce | |
| A 4. | Steamed Red Bean Paste Buns 豆沙包 | 6.95 |
| A 5. | Fried Cream "Cheese" Wonton 芝士球 | 8.95 |
| | With mango dipping sauce | |
| A 6. | Barbeque "Roast Pork" 素叉燒 | 9.95 |
| | Sautéed seitan with Housemade barbeque sauce | |
| A 7. | King Oyster Mushrooms 椒鹽菇 | 8.95 |
| | Battered fried king oyster mushrooms tossed with chopped fresh peppers, seasoned with salt and pepper | |
| A 8. | Salt & Pepper Tofu 椒鹽豆腐 | 8.95 |
| | Battered fried tofu tossed with chopped fresh peppers, seasoned with salt and pepper | |
| A 9. | Edamame 毛豆 | 5.95 |
| | Steamed soy pea pods sprinkled with salt GF | |
| A10. | Soy Nuggets 素雞塊 | 8.50 |
| | With vegan aioli dipping sauce | |
| A11. | Sesame Roll 芝麻卷 | 9.95 |
| | String beans, carrots and soy protein wrapped in seaweed battered. with mango dipping sauce | |
| A12. | Spicy "Tuna" Avocado Roll 吞拿卷 | 9.95 |
| A13. | Avocado Sweet Potato Roll 牛油果甘薯卷 | 9.95 |
| A14. | Kimchi Dumplings 泡菜鍋貼 | 8.95 |
| | Steamed or seared SF | |
| A15. | Pork Bun 肉包 | 6.95 |
| A16. | Salted "Duck" 素鴨 | 8.95 |
| | Served on a bed of lettuce | |

SOUPS

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|-----|---------------------------------------|------|
| S1. | Wonton Soup 雲吞湯 | 4.50 |
| | Housemade classic Chinese food staple | |
| S2. | Hot & Sour Soup 酸辣湯 | 4.50 |
| | Shredded tofu, wood ear and mushrooms | |
| S3. | Miso Soup 味噌湯 GF | 4.50 |

SALADS

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| Q1. | Kale Quinoa Avocado Salad 牛油果沙拉 | 11.90 |
| | Tossed chopped kale and romaine, fluffy quinoa, topped with bell peppers, chopped tomatoes and a sprinkle of hemp seeds with almond tahini dressing GF | |
| Q2. | Buddha Bowl 佛鉢 GF | 11.90 |
| | Chickpeas, purple cabbage, broccoli, tomatoes, cucumber with green goddess dressing | |
| Q3. | Wafu Bowl 和風沙拉 | 11.90 |
| | Kale, tofu, mango, sesame seeds, red onions, kiji, cucumbers, pickles, roasted cashews and ginger teriyaki dressing | |

ENTREES

All entrees come with a bowl of brown rice

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|-----|--|-------|------|---|-------|
| E1. | Sesame "Beef" 芝麻牛 | 18.95 | E7. | Pepper Steak 青椒牛 | 18.95 |
| | Stir-fried soy protein in sweet sesame sauce with mushrooms, bell peppers, onions with steamed kales | | | Roasted whole wheat seitan and sautéed oyster mushrooms with kale, Japanese pumpkin topped with almond slices | |
| E2. | General Tso's "Chicken" 左宗雞 | 18.95 | E9. | Stir-Fry "Chicken" with Tofu and Vegetables 豆腐素什錦 | 18.95 |
| | Stir-fried soy protein, broccoli and mixed vegetables in General Tso's sauce | | | Asparagus, soy protein, broccoli, cauliflower, snow peas, zucchini, mushrooms, carrots, tofu, bell peppers, and onions in a Housemade brown sauce | |
| E3. | Crispy "Pork Chop" with Basil Fried Rice 脆豬扒蓋炒飯 | 18.95 | E10. | Curry Chicken 咖哩雞 | 18.95 |
| | Battered soy protein, bell peppers, broccoli, cauliflower, pineapples, carrots, and onions in a Housemade sweet and sour sauce | | | Eggplant snowpea mushrooms potatoes cabbage w. curry house sauce | |
| E4. | Sweet & Sour "Chicken" 甜酸雞 | 18.95 | E11. | "Spare Ribs" and Potatoes 土豆烤排骨 | 18.95 |
| | Battered soy protein, bell peppers, broccoli, cauliflower, and asparagus cashews in special house sauce | | | Home style spare ribs and potatoes in delicious brown sauce | |
| E5. | Cashew "Chicken" 腰果雞 | 18.95 | E12. | Taiwanese Three Cup Chicken | 18.95 |
| | Asparagus, braised soy cutlets, broccoli, turnip, mushrooms, carrots, onions, bell peppers, cauliflower, zucchini and asparagus cashews in special house sauce | | | Marinated soy protein sautéed with tofu and onion in a basil ginger garlic sauce. Served with brown rice on the side | |
| E6. | Homestyled Mapo Tofu 麻辣豆腐 | 18.95 | E13. | "Chicken" with Broccoli 芥蘭雞 | 18.95 |
| | Tofu, minced meat, peas, hot peppers in brown sauce and garnished with scallions | | | | |

NOODLE SOUPS

Choice of: thin rice noodles, flat rice noodles, udon or Ramen
Noodles 可選米粉/河粉/烏冬/拉麵

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|-----|---|-------|
| N1. | Thai Style Noodle Soup 泰國湯粉 | 13.50 |
| | Broccoli, cauliflower, mushrooms, tofu puffs, topped with bean sprouts, scallions and cilantro in a red curry coconut broth | |
| N2. | Curry "Chicken" Noodle Soup 咖哩雞湯麵 | 13.50 |
| | Noodles + eggplant snowpea, mushrooms, potatoes, cabbage w. curry house sauce | |
| N3. | BBQ "Roast Pork" Noodle Soup 叉燒湯麵 | 13.50 |
| | Sautéed seitan and baby bok choy with noodle soup | |
| N4. | Dumpling Noodle Soup 水餃湯麵 | 13.50 |
| | Housemade dumplings and baby bok choy with noodles soup | |
| N5. | Soy "Duck" Noodle Soup 素鴨湯麵 | 13.50 |
| | Pressed tofu skin and baby bok choy with noodle soup | |
| N6. | Curry Beef Noodle Soup 咖哩牛湯麵 | 13.50 |
| | Noodles + eggplant snowpea, mushrooms, potatoes, cabbage w. curry house sauce | |

SIDE ORDERS

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| H1. | Brown Rice or White Rice 黃飯/白飯 | 2.50 |
| H2. | French Fries or Yam Fries 炸(紅)薯條 | 4.00 |
| H3. | Kimchi Fries 泡菜薯條 | 5.95 |
| | Fries smothered in spicy mayo, kimchi, and garnished with scallions and cilantro | |
| H4. | Kimchi 泡菜 | 4.00 |
| H5. | House Salad 本樓沙拉 | 4.00 |

VEGETABLE PLATES

Come with Brown Rice

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|-----|---|-------|
| C1. | Eggplant with Garlic Sauce 魚香茄子 | 11.95 |
| | Eggplant bell peppers, bok choy and wood ears with garlic sauce | |
| C2. | General Tso's Bean Curd 左宗豆腐 | 11.95 |
| | Stir-fried tofu in General Tso's sauce with mixed vegetables | |
| C3. | Sesame Bean Curd 芝麻豆腐 | 11.95 |
| | Stir-fried tofu in sweet sesame sauce with mixed vegetables | |
| C4. | Bean Curd with Cashew Nuts 腰果豆腐 | 11.95 |
| | Tofu, broccoli, bell peppers, onions, mushrooms, cashew nuts in special house sauce | |
| C5. | Kung Pao Tofu 宮保豆腐 | 11.95 |
| | Tofu, bell peppers, onions, mushrooms, peanuts in a spicy kung pao sauce | |
| C6. | Bean Curd Black Bean Sauce 豆豉豆腐 | 11.95 |
| | Tofu, bok choy, zucchini and onions in black bean sauce | |
| C7. | Sautéed Kale with Garlic & Olive Oil 蒜香健康菜 | 11.95 |
| C8. | Stir-Fried Bok Choy 清炒上海青 | 11.95 |
| C9. | Sautéed Mixed Vegetables 炒什錦 | 11.95 |

GF Gluten Free Option • **GF** Gluten Free • **SF** Soy Free

RICE NOODLES

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|-------|---|-------|
| R1. | Vegetable Mai Fun 什菜米粉
Rice noodle with mixed vegetable | 11.95 |
| R2. 🍷 | Singapore Mai Fun 新加坡米粉
Stir-fried vermicelli rice with mixed seasonal vegetables and soy protein (GF) | 11.95 |
| R3. 🍷 | Pad Thai 泰河粉
Traditional flat rice noodle dish with fresh bean sprouts, bean curd, scallions and garnished with toasted peanuts (GF) | 12.95 |
| R4. | Sauteed Udon 炒烏冬
Udon, mixed vegetables and soy protein with teriyaki sauce | 12.95 |
| R5. | Pineapple Fried Rice 菠蘿炒飯
Mixed vegetables, topped with pineapple | 11.95 |
| R6. | Traditional Fried Rice 素什錦炒飯
Soy protein stir-fried with mixed vegetable | 11.95 |
| R7. | Fresh Mixed Vegetables with Avocado Fried Brown Rice
什錦牛油果炒飯 | 12.95 |
| R8. 🍷 | Kimchi Fried Rice 泡菜炒飯 | 12.95 |

SANDWICHES & BURGERS

Come with French Fries or Salad

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| B1. | Beyond Burger 超越素漢堡
Juice plant-based patty, vegan cheese, lettuce, caramelized onions, tomatoes, pickles, with mayo and mustard on a toasted sesame seed bun (GF) | 17.95 |
| B2. | Impossible Burger 特別素漢堡
Juicy plant-based patty, vegan cheese, lettuce, caramelized onions, tomatoes, pickles, with mayo and mustard on a toasted sesame seed bun (GF) | 17.95 |
| B3. | Grilled Tempeh Sandwich 燒烤三文治
Tempeh, tomato, avocado, lettuce, caramelized onions with mayo and almond tahini sauce (GF) | 15.95 |
| B4. | BBQ Roast Pork Banh Mi 素叉燒越南包 | 14.95 |
| B5. 🍷 | Veggie Banh Mi 辣素菜燒烤三文治
Tempeh, pickled daikon, carrots, cucumber and cilantro with spicy mayo | 13.95 |
| B6. | Spicy "Tuna" Banh Mi 辣吞拿越南包 | 13.95 |
| B7. 🍷 | Grilled "Fish" Banh Mi 燒烤魚越南包
Grilled "fish", pickled, daikon, carrots, cucumbers and cilantro with mayo | 13.95 |

DESSERTS

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| D1. | Blueberry "Cheesecake" 藍莓素芝士蛋糕 (GF) | 7.95 |
| D2. | Decadent Chocolate Cake 巧克力蛋糕 | 7.95 |
| D3. | Almond "Milk" & Chocolate Chip Cookie (GF) 巧克力餅 | 7.95 |

LUNCH SPECIALS

Mon - Fri: 11:30 a.m - 3:00 p.m

(Served with Brown Rice and Choice of Miso Soup or Salad)

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|-------|--|-------|
| L1. | Sweet & Sour Chicken 甜酸雞
Battered soy protein, bell peppers, broccoli, pineapple, carrots, and onions in a Housemade sweet and sour sauce | 12.95 |
| L2. 🍷 | Eggplant with Garlic Sauce 魚香茄子
Eggplant bell peppers and wood ear with garlic sauce | 12.95 |
| L3. | Sesame "Beef" 芝麻牛
Stir-fried soy protein in sweet sesame sauce with mushrooms, bell peppers and onions | 12.95 |
| L4. 🍷 | Kung Pao Tofu 宮保豆腐
Tofu, bell peppers, onions, mushrooms, peanuts in a spicy kung pao sauce | 12.95 |
| L5. | Sauteed Mixed Vegetable 炒什菜
Asparagus, broccoli cauliflower, bell peppers, snow peas, onions, carrots, zucchini and mushrooms | 12.95 |
| L6. | King Oyster Mushrooms 椒鹽菇
Battered fried king oyster mushrooms tossed with minced fresh bell peppers, seasoned with salt and pepper | 12.95 |
| L7. | Cashew "Chicken" 腰果雞
Braised soy cutlets, bell peppers, zucchini, carrots, asparagus, mushrooms, onions turnip and cashews in a house sauce | 12.95 |
| L8. | Salt & Pepper Tofu 椒鹽豆腐
Battered fried tofu tossed with minced fresh peppers, seasoned with salt and pepper | 12.95 |
| L9. | Spicy "Tuna" Avocado Roll 吞拿卷
(Without brown rice) | 12.95 |
| L10. | "Chicken" with Broccoli 芥蘭雞 | 12.95 |

(GF) Gluten Free Option • (GF) Gluten Free • (SF) Soy Free

BEVERAGES

HOT DRINKS

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|----------------|------|----------------|------|
| Coffee | 2.50 | Rooibos Tea | 4.50 |
| Chamomile Tea | 3.50 | Chai Tea | 4.50 |
| Peppermint Tea | 3.50 | | |
| Green Tea | 3.50 | Yerba Mate Tea | 4.50 |

COLD DRINKS

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|----------------------------|------|---------------------|------|
| Iced Tea | 3.00 | Poland Spring Water | 2.00 |
| Iced Coffee | 3.00 | Thai Iced Tea | 6.00 |
| Orange Juice | 3.50 | Mango Lassi | 6.00 |
| Coke / Diet Coke | 2.00 | Arnold Palmer | 6.00 |
| Sprite | 2.00 | | |
| Ginger Ale | 2.00 | Lychee Juice | 6.00 |
| Pellegrino Sparkling Water | | | 3.00 |
| Fresh Squeezed Lemonade | | | 7.00 |



Amitufo
vegan cuisine

19 Bogart Street
Brooklyn, NY 11206

Tel: 718.366.2288

BUSINESS HOURS

Monday - Sunday: 11:30 a.m. - 10:30 p.m.

ALCOHOL MENU

Must be 21 and over to purchase.
Under NYS legislation, all alcohol purchases
must include food with it.

WINE

Malbec (Red)	\$9 (glass)/\$34 (bottle)
White	\$9 (glass)/\$34 (bottle)
Riesling	\$9 (glass)/\$34 (bottle)
Rosé	\$9 (glass)/\$34 (bottle)
Plum wine	\$9 (glass)/\$34 (bottle)

BEER

Sapporo Premium	\$7
Asahi Dry	\$7
Hard Cider	\$7
IPA	\$7

SAKE

Ozeki Dry Junmai Sake	\$10
Ozeki Nigori Unfiltered Sake	\$8 (glass)/\$25 (bottle)
Ozeki Hana Awaka Sparkling	\$10

